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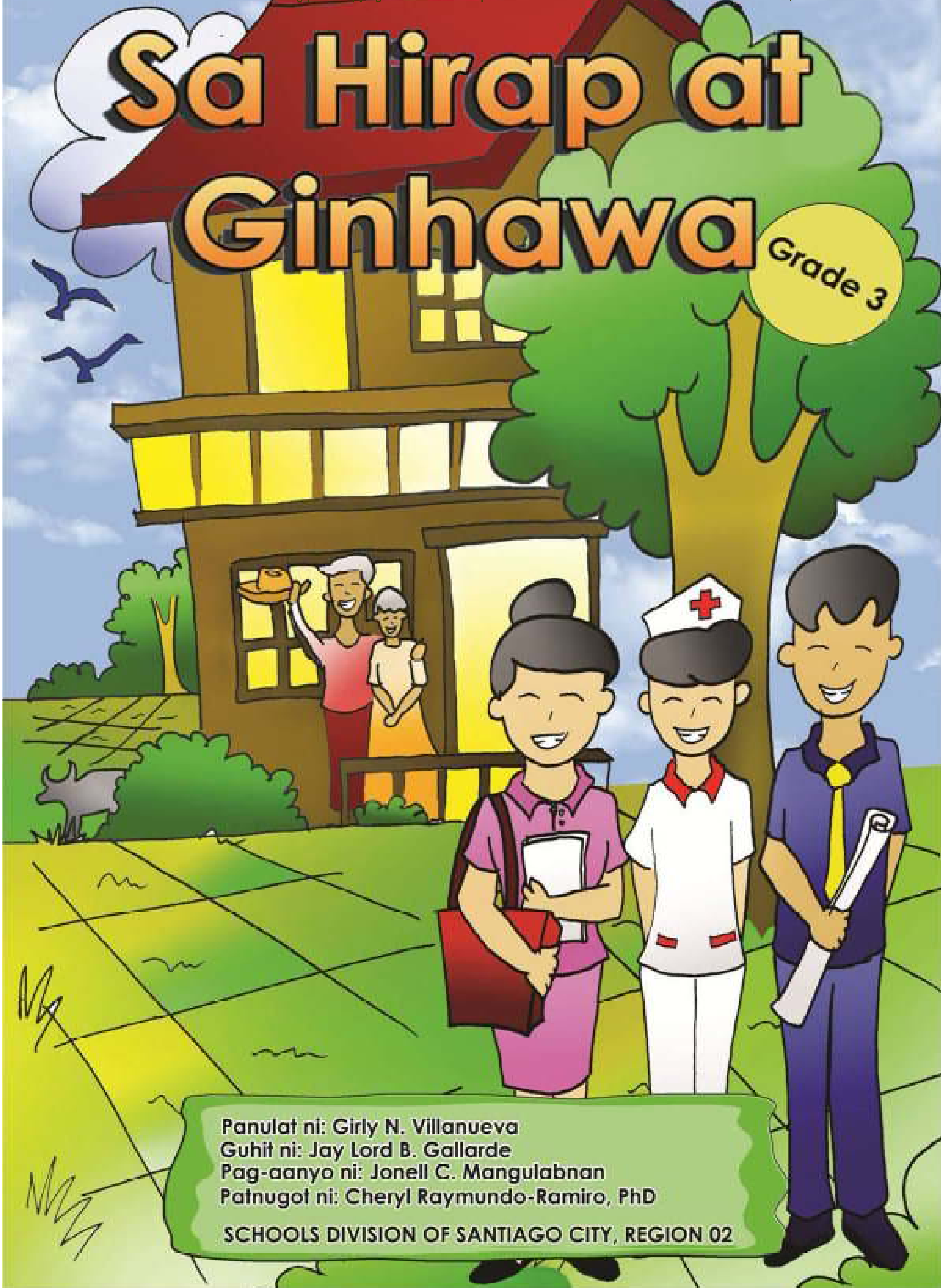
Sa Hirap at Ginhawa

Grade 3



Panulat ni: Girly N. Villanueva
Guhit ni: Jay Lord B. Gallarde
Pag-aanyo ni: Jonell C. Mangulabnan
Patnugot ni: Cheryl Raymundo-Ramiro, PhD

SCHOOLS DIVISION OF SANTIAGO CITY, REGION 02

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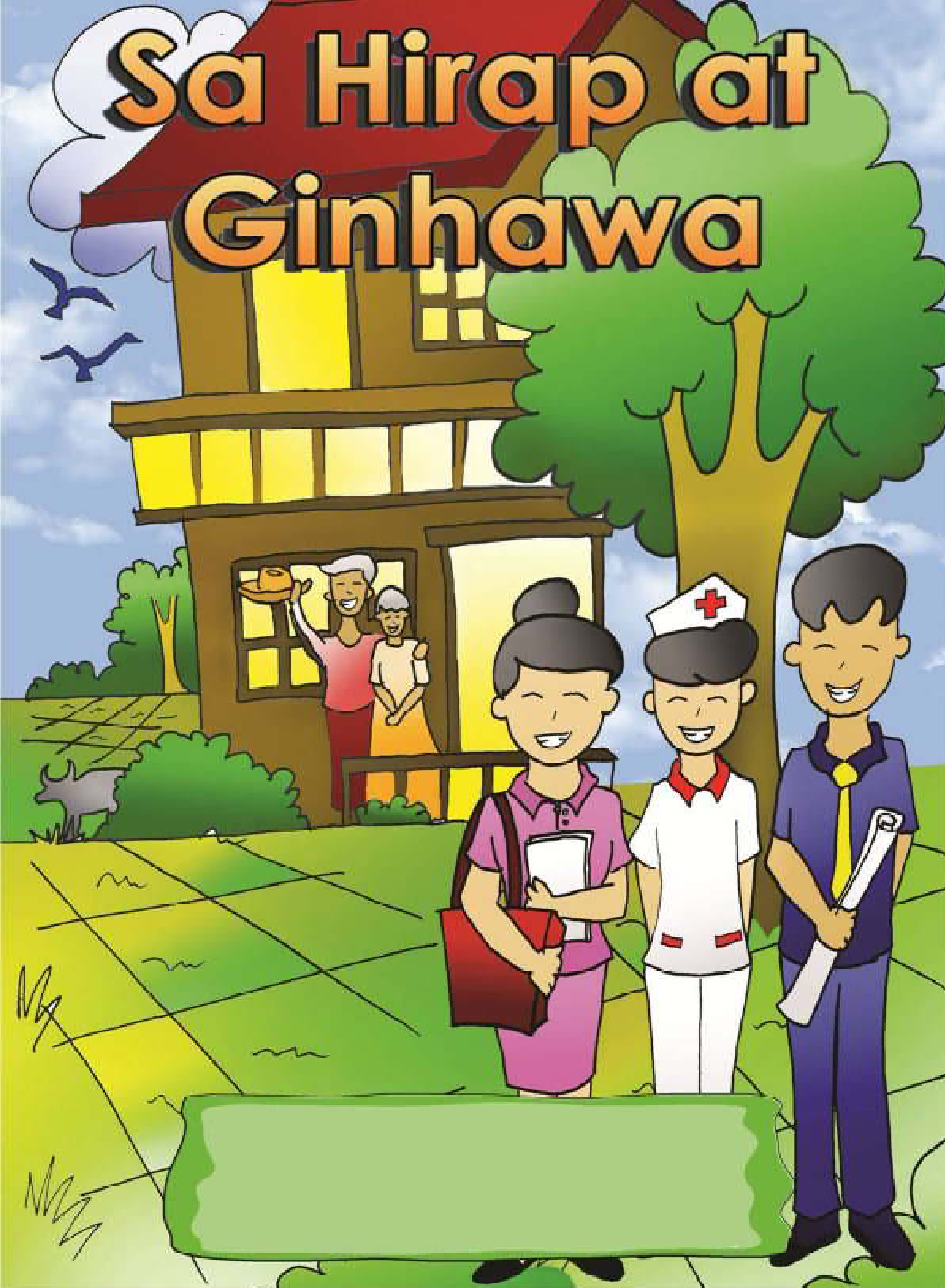
Sa Hirap at Ginhawa



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Treasury of Storybooks

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Villanueva, Girly N., *Sa Hirap at Ginhawa*. Deped BLR, 2018

Development Team

Writer: Girly N. Villanueva

Illustrators: ay Lord B. Gallarde and Erwin Bryan M. Garcia

Editor : Cheryl Raymundo-Ramiro, PhD

Layout Artist: Jonell C. Mangulabnan and Edna SJ. Ong

Learning Resource Manager: Cheryl Raymundo-Ramiro, PhD
Octavio L. Cabasag, PhD

Schools Division of Santiago City
Region 02 Cagayan Valley

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Pag-uugnay sa Kurikulum ng Unang Baitang
Ang kuwento ito ay nakapaloob sa kurikulum ng Unang Baitang
FILIPINO III

NILALAMAN (Content)	**PAMANTAYANG NILALAMAN** (Content Standard)	**PAMANTAYAN SA PAGGANAP** (Performance Standard)	**PAMANTAYAN SA PAGKATUTO** (Learning Competencies)	**CODE**	**KAUGNAYAN SA KUWENTO**	**ARAL NA MAKUKUHA**
1. Mag-kasing-kahulugan at mag-kasalungat na mga salita	Naisasagawa ang mapanu-ring pag-basa upang mapalawak ang talasalitaan	Nababasa ang usapan, talata, kuwento nang may tamang bilis, diin, tono, antala at ekspresyon.	Nakakagamit ng pahiwatig upang malaman ang kahulugan ng mga salita tulad ng paggamit ng mga pa-latanda-ang ng kahulugan (kasalungat)	**F3PT-c1-5**	Sa kuwento ipinakikita na: ang pagbubuklod ng pamilya ay napakahalaga	Sa kuwento ipinamamalas na: - mahalin at pahalagahan ang bawat kasapi ng pamilya Pagkamasipag Pagkama-tulungin Pagkamatiisin Pagpupursige sa pag-aaral
2. Pag-tulong at Pagma-mahal sa pamilya	Naipapamalas ang pagkasunod-sunod ng mga pangyayari sa napakinggang kuwento sa tulong ng mga larawan	Naisasalaysay ang pagkaka-sunod-sunod ng mga Pangyayari sa napakinggang kuwento sa tulong ng mga larawan	Napagsusunod-sunod ang mga pangyayari sa napakinggang kuwento sa tulong ng mga larawan	**F3PN-Ic-j-3.1.1**	Sa kuwento ipinakikita na: ang pagbubuk-lod ng pamilya ay napakahalaga	Sa kuwento ipinamamalas na: mahalin at pahalagahan ang bawat kasapi ng pamilya Pagkamasipag Pagkamatu-lungin Pagkamatisin Pagpupursige sa pag-aaral
3.Salitang Kilos	Naipamama-las ang paggamit ng salitang kilos sa pag-uusap tungkol sa ibat-ibang gawain sa tahanan, paa-ralan at pamayanan	Nakagagamit ng mga salitang kilos sa paggawa ng sariling pangu-ngusap.	Nagagamit ang mga salitang kilos sa pag-uusap tungkol sa iba't-ibang gawain sa tahanan, paaralan at pamayanan	**F3WG-IIIe-f-5**	Sa kuwento ipinakikita na: ang pagbubuk-lod ng pamilya ay napakahalaga	Sa kuwento ipinamamalas na: mahalin at pahalagahan ang bawat kasapi ng pamilya Pagkamasipag Pagkamatulungin Pagkamatiisin Pagpupursige sa pag-aaral

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NILALAMAN (Content)	**PAMANTAYANG NILALAMAN** (Content Standard)	**PAMANTAYAN SA PAGGANAP** (Performance Standard)	**PAMANTAYAN SA PAGKATUTO** (Learning Competencies)	**CODE**	**KAUGNAYAN SA KUWENTO**	**ARAL NA MAKUKUHA**
4. Pag babaybay ng mga salitang may tatlo o apat na pantig	Naipamamalas ang wastong pagbabaybay ng mga salitang may tatlo o apat na pantig	Nakapagba-baybay ng wasto ng mga salitang may tatlo o apat na pantig	Nababaybay ng wasto ang mga salitang may tatlo o apat na pantig	**F3PU-IIIi-2.1; 2.3**	Sa kuwento ipinakikita na: - ang pagbubuklod ng pamilya ay napaka-halaga	Sa kuwento ipinamamalas na: - mahalin at pahalagahan ang bawat kasapi ng pamilya Pagkamasi-pag Pagka-matulungin Pagkamatiisin Pagpupursige sa pag-aaral
5. Pang-uri	Naipamamalas ang paglalarawan ng mga bagay, tao, pangyayari at lugar	Nakapag-bibigay ng angkop na paglalarawan sa bagay, tao, pangyayari at lugar	Nakapagla-larawan ng mga bagay, tao, pangyayari at lugar	**F3WG-IIIcd4**	Sa kuwento ipinakikita na: - ang pagbubuklod ng pamilya ay napakahalaga	Sa kuwento ipinamamalas na: - mahalin at pahalagahan ang bawat kasapi ng pamilya Pagkamasipag Pagkamatulungin Pagkamatiisin Pagpupursige sa pag-aaral
6. Kakayahan at tatas sa pagbasa	Naisasagawa ang mapanu-ring pagbasa upang mapalawak ang talasalitaan	Nababasa ang usapan, talata, kuwento nang may tamang bilis,diin, tono, antala at ekspresyon.	5. Naiuugnay ang binasa sa sariling karanasan Nagagamit ang pang-ngalan sa pagsasalaysay tungkol sa mga tao, lugar	**F3PB-Ia-1** **F3WG-Ia-d-2**	Sa kuwento ipinakikita na: - ang pagbubuklod ng pamilya ay napakahalaga	Sa kuwento ipinamamalas na: pahalagahan ang bawat kasapi ng pamilya Pagkamasipag Pagkamatu-lungin

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Liham Para sa Mag-aaral

Mahal Kong Mambabasa,

Ginawa ko ang kuwentong ito para sa iyo upang lalo pang malinang ang iyong kaalaman para sa pag-aaral. Ang kuwento ay kapupulutan ng magagandang gawi at asal.

Inihahandog ko ang kuwentong ito upang maging inspirasyon para harapin ang maraming pagsubok na dumarating sa iyong buhay.

Umaasa ako na sa maliit mang pamamaraan ay makatutulong ang kuwento na mapalawak ang tanawin mo sa buhay at magpursiging makatapos sa iyong pag-aaral. At masasabi sa iyong sarili na ang kahirapan ay hindi malaking balakid o hadlang upang makatapos sa iyong pag-aaral. Sa pamamagitan ng kasipagan at tiyaga ay maaabot mo ang tagumpay.

Maligayang pagbabasa!

GIRLY N. VILLANUEVA
May Akda

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Sa isang munting tahanan, sa lugar ng Baryo Busilac nakatira ang Pamilya Jose.

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Payapa at simple lamang ang kanilang pamumuhay.

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Nagtatanim sila ng mga puno at gulay na siyang pinagkukunan nila ng kanilang makakain at mga halaman na nagsisilbing pampaganda naman ng kanilang paligid.

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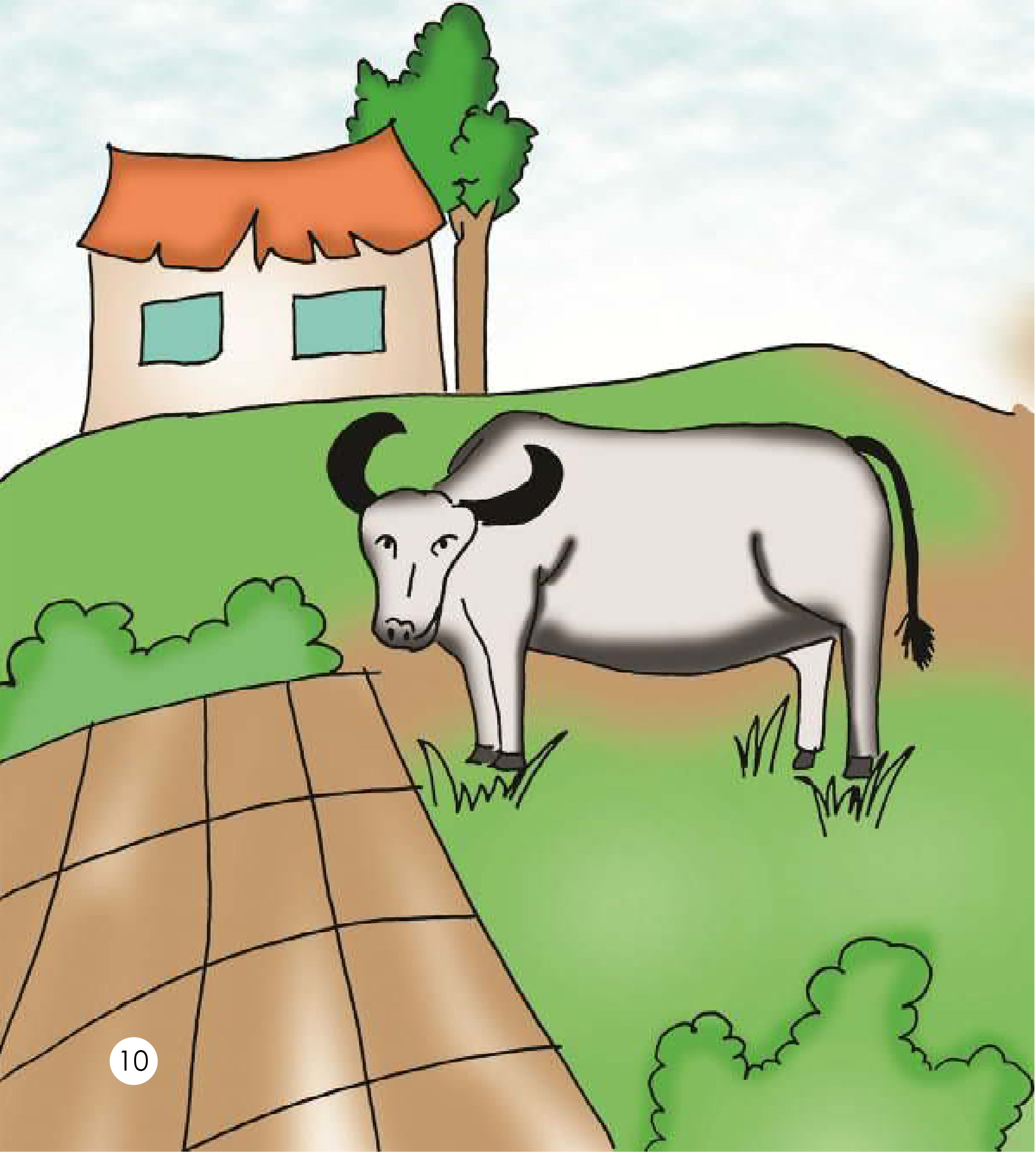
May mga alaga din silang hayop gaya ng kalabaw na tumutulong sa pagsasaka at nagbibigay ng gatas.



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Mayroon ding manok at patong nangingitlog, asong tagabantay, at marami pang iba.

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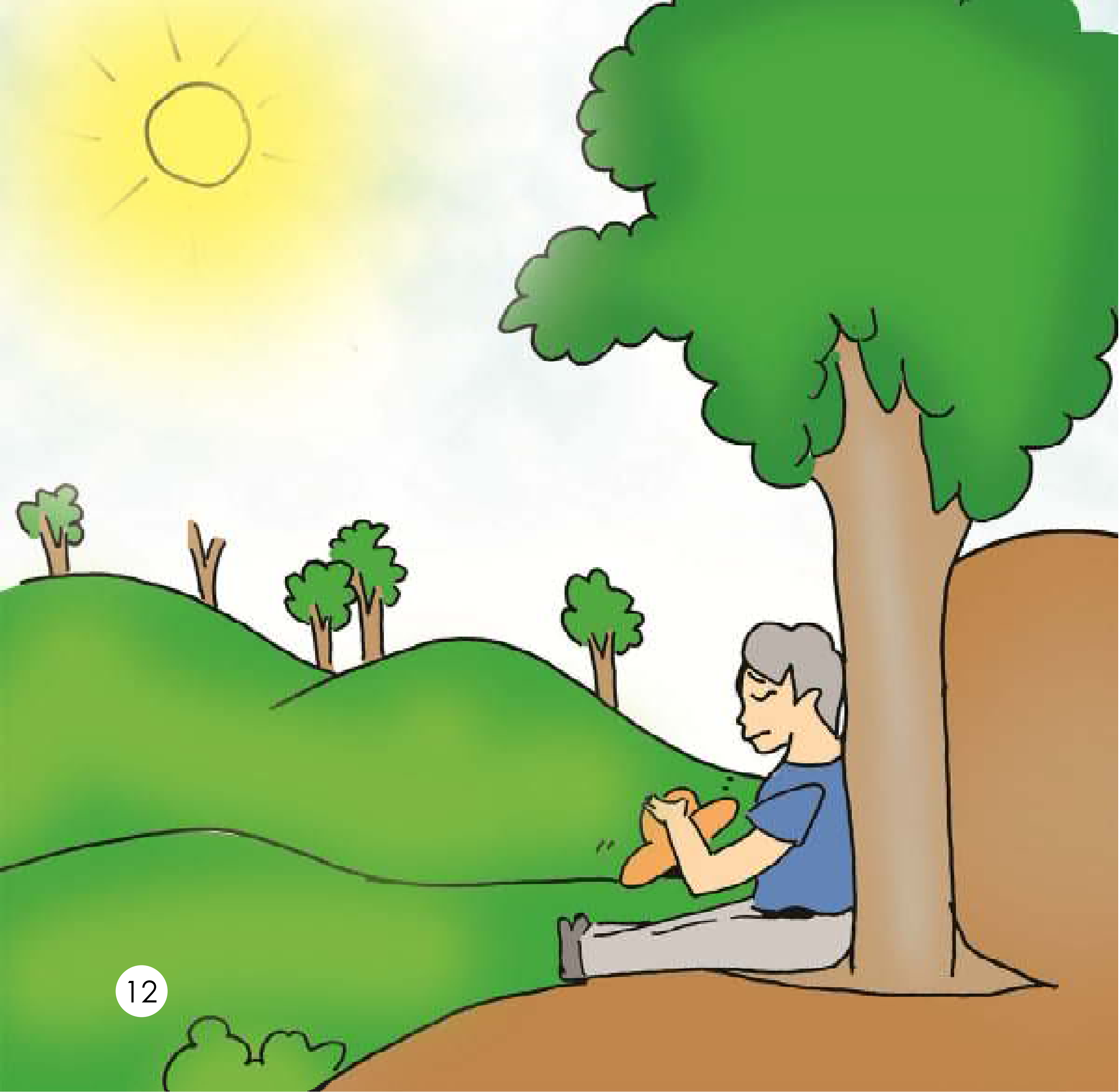
Habang nakaupo at nagpapahinga, biglang napaisip si Mang Roger sa kalagayan ng kanilang buhay . "Tatlo ang aking anak. Isa lamang akong mahirap na magsasaka. Nasa bahay lamang ang aking asawa at abala sa pag-aalaga sa amin. Paano ko kaya maitataguyod ang pag-aaral ng aking mga anak?"



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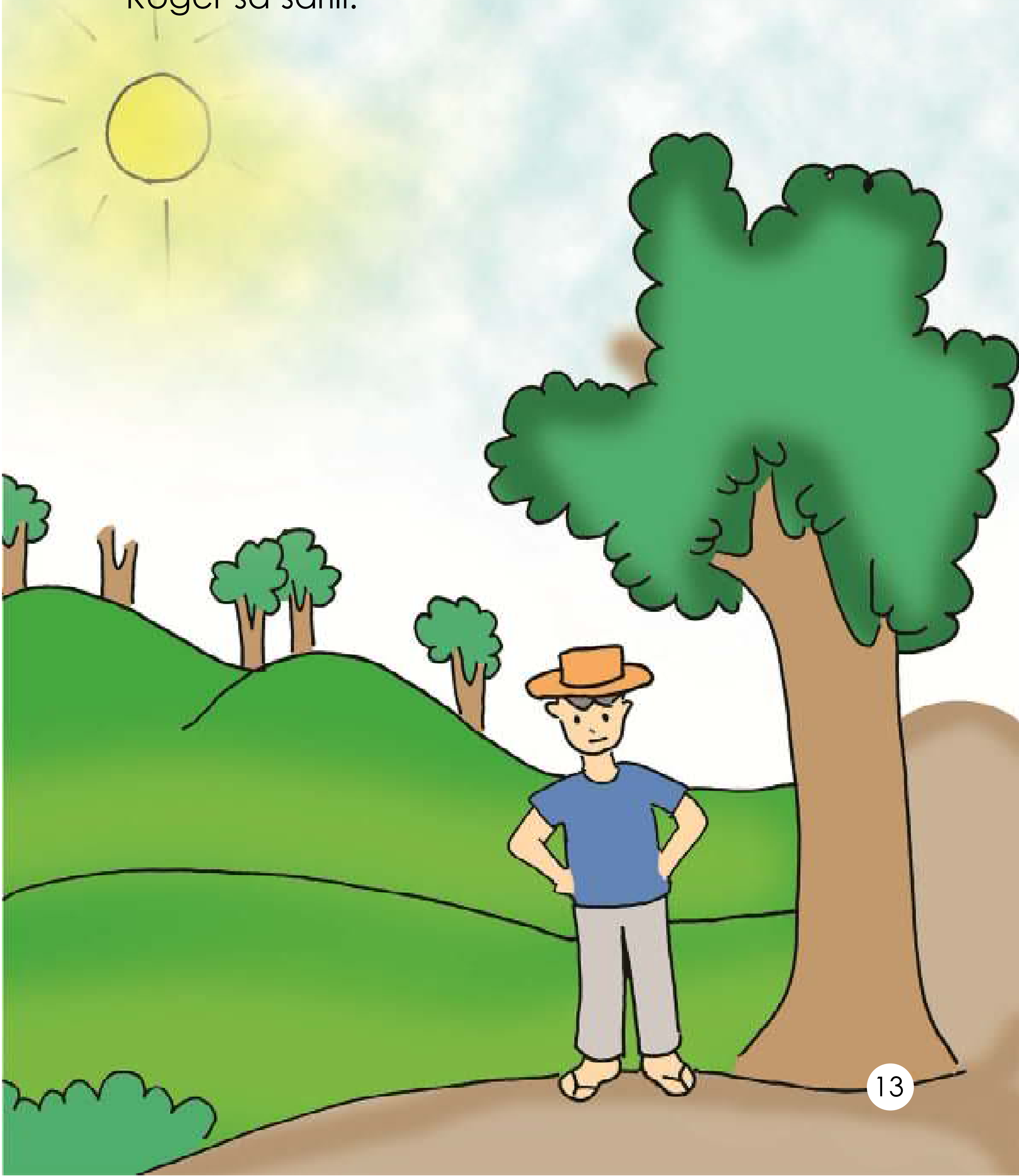
"Kung mayaman lang sana ako, maibibigay ko ang lahat ng pangangailangan ng aking mga anak," ang nangangarap na sabi ni Mang Roger sa sarili.



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Masipag at matulungin ang kanyang mga anak.

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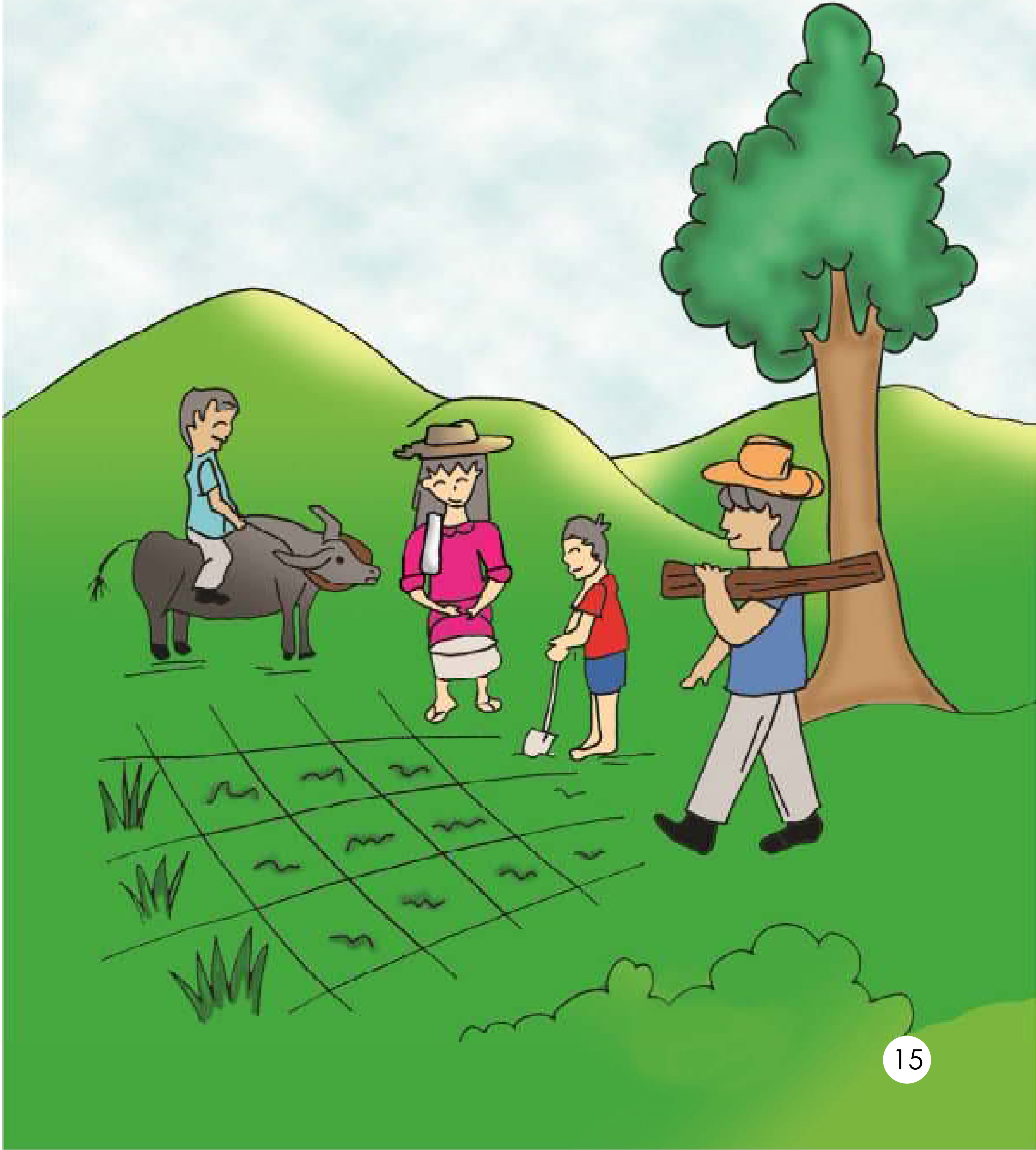
Tuwing Sabado, tumutulong silang lahat sa bukid .



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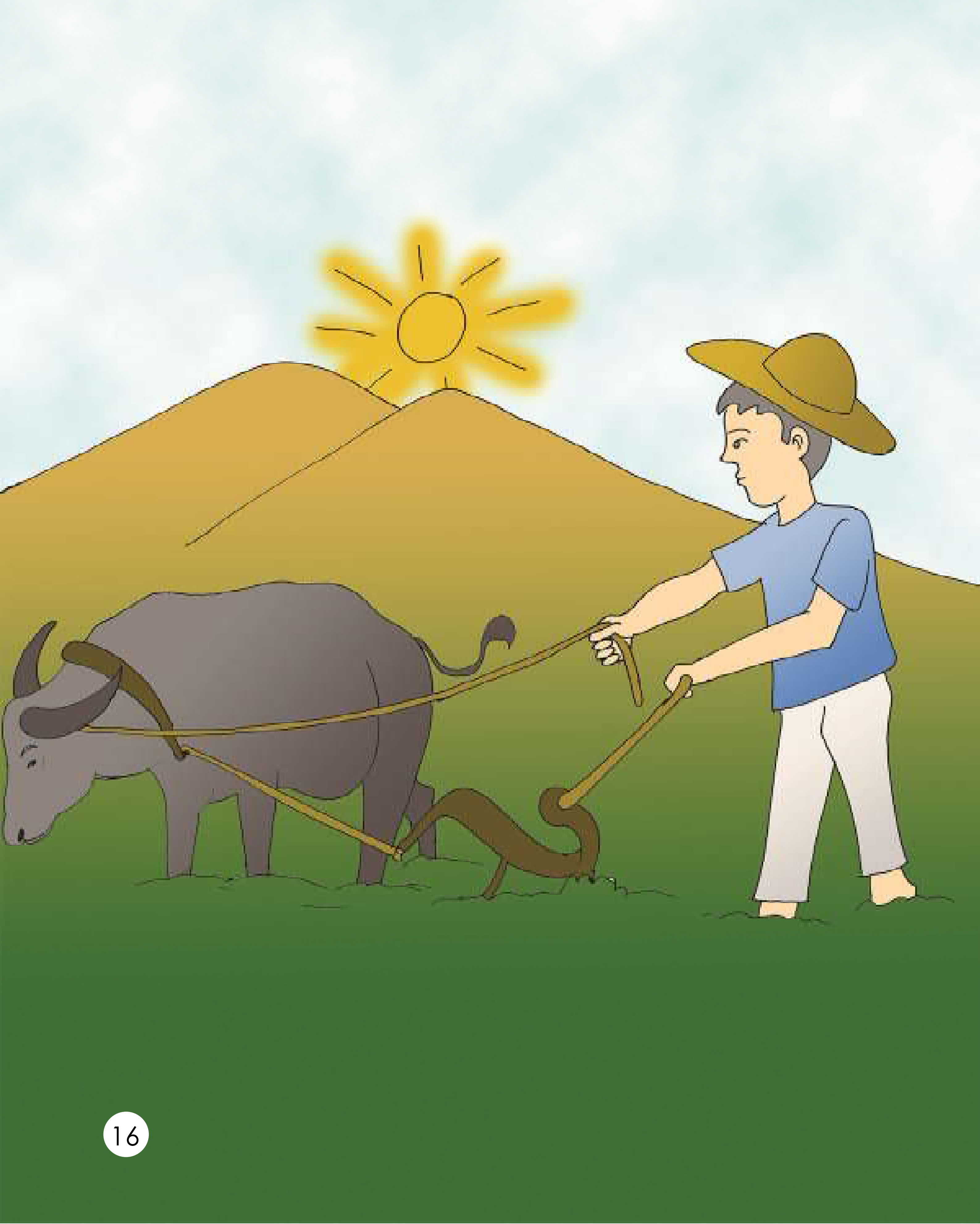
Si Mang Roger ang taga-araro.



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Tagalagay naman ng abono ang panganay na anak.

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at taga tanim ng mais ang dalawa pa.

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Abala naman sa pagluluto ng kanilang pagkain ang kanyang asawa.

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Kapag naman Linggo, namimitas ang mag- anak ng mga tanim nilang gulay upang maitinda sa mga kapitbahay.

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Buwan ng Marso, araw ng pagpaparangal sa mga mag-aaral ng Mababang Paaralan ng Busilac.

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Ilan sa mga pinarangalan ay ang tatlong anak nina Mang Roger at Aling Esmen. Tuwang-tuwa sila sa nakamit na tagumpay ng kanilang mga anak. Pinarangalan sila bilang ilan sa mga pinakamatatalinong bata sa klase. Naalis ang lahat ng kanilang nararamdamang pagod at hirap sa buhay nang tawagin ng kani-kaniyang guro ang kanilang mga anak.

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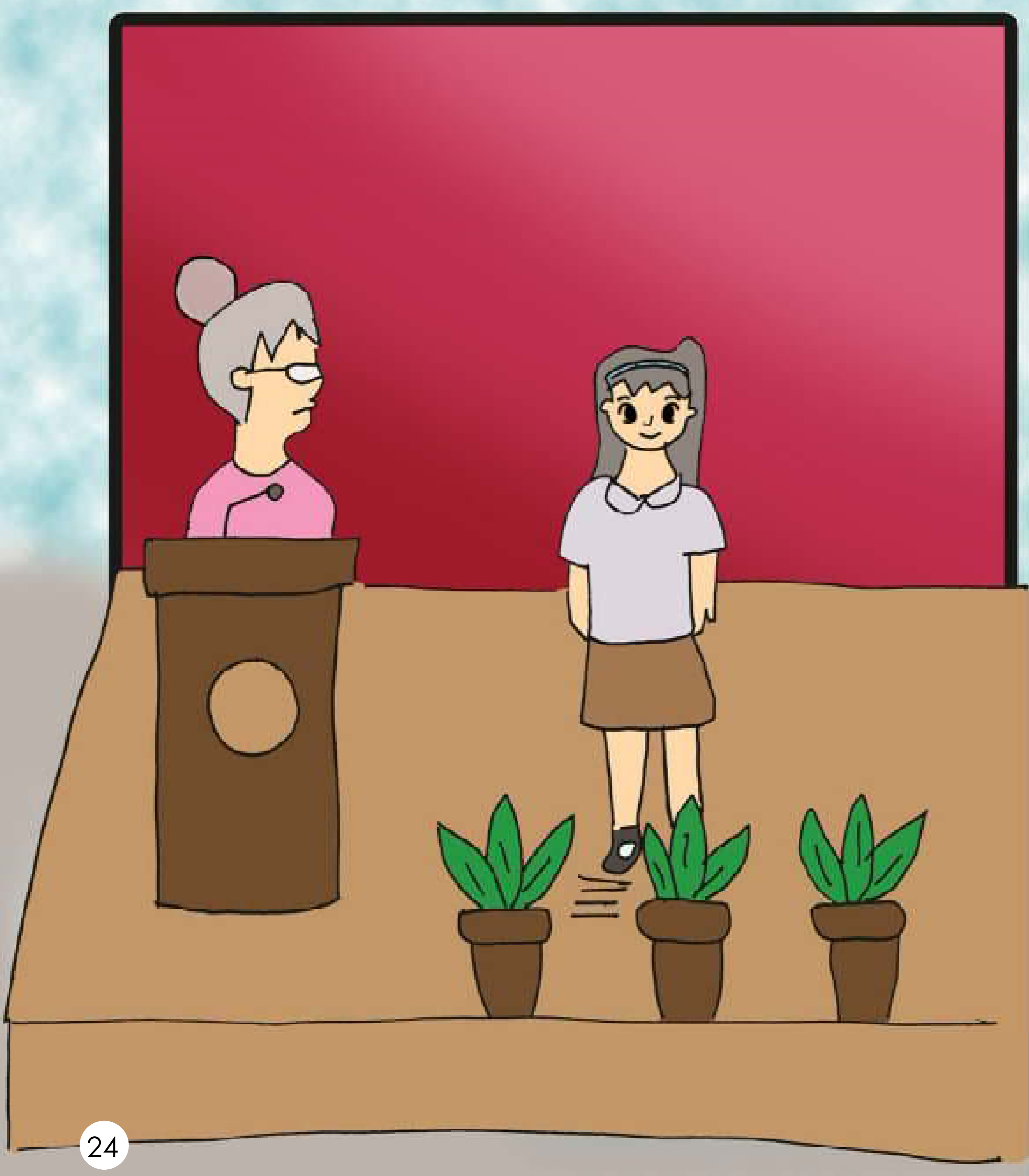
"Unang karangalan sa Ikalimang Baitang, Rosa Jose!"



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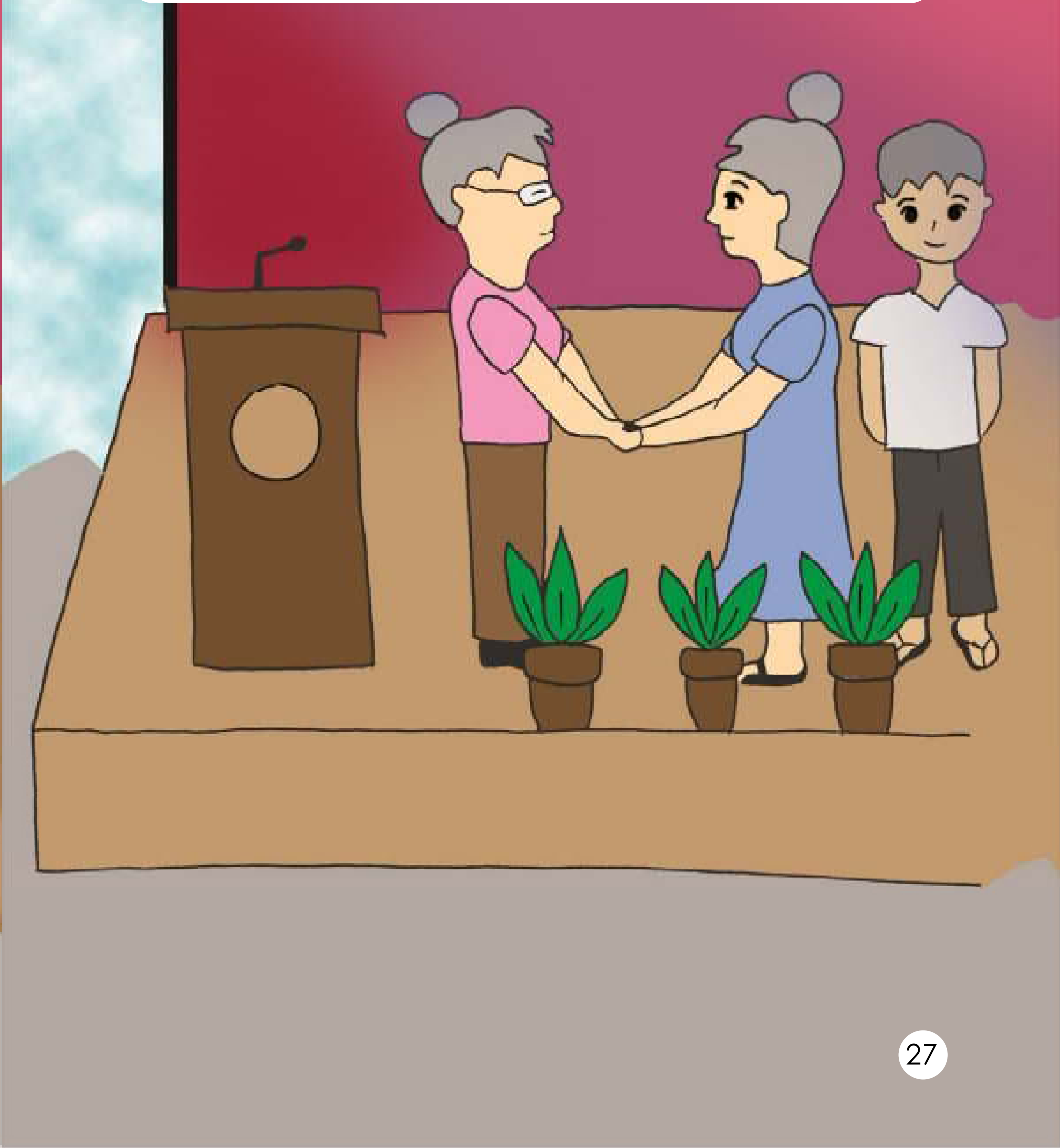
Halos malunod sa tuwa ang puso nina Mang Roger at Aling Esmen. Masayang-masaya silang umakyat sa entablado.



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Malugod na binati ng Punongguro ng paaralan ang dalawa. "Mapalad po kayo, matatalino po ang inyong mga anak. Sigurado po akong malayo ang kanilang mararating, sambit niya. "Salamat po," ang mapagpakumbaba namang sagot ng mag-asawa mag-asawa.

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Biglang napadasal nang tahimik si Mang Roger. "Diyos ko, tulungan mo po ako. Pagpalain mo po kaming mag-anak. Bigyan po Ninyo ako ng lakas ng loob."

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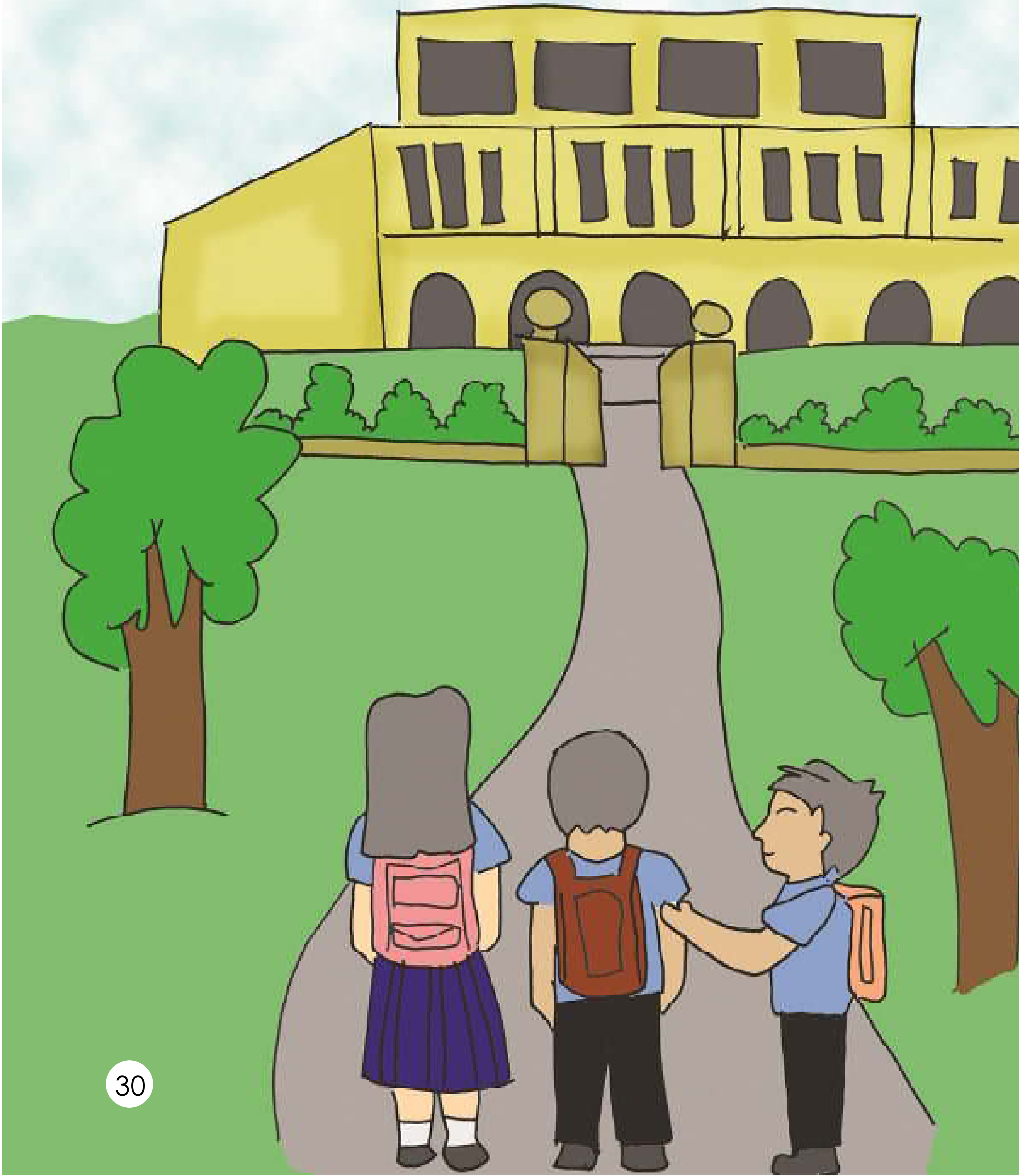
Makalipas ang ilang taon, nasa Mataas na Paaralan na ng Sta. Maria ang tatlo niyang anak.



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Ganoon pa rin ang estado ng kanilang buhay. Mas lumala pa ang kahirapan dahil dumarami na ang kanilang gastusin.

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Hindi tumigil sa pagtatrabaho at pagdarasal sina Mang Roger at Aling Esmen. Alam kasi nilang nasa Diyos ang awa at nasa tao naman ang gawa.

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Sa paglipas ng panahon, hindi namalayan ng mag-asawa na magtatapos na pala sa kolehiyo ang kanilang mga anak. At sa kanilang pagkamangha, nagtapos ang mga ito nang may karangalan.

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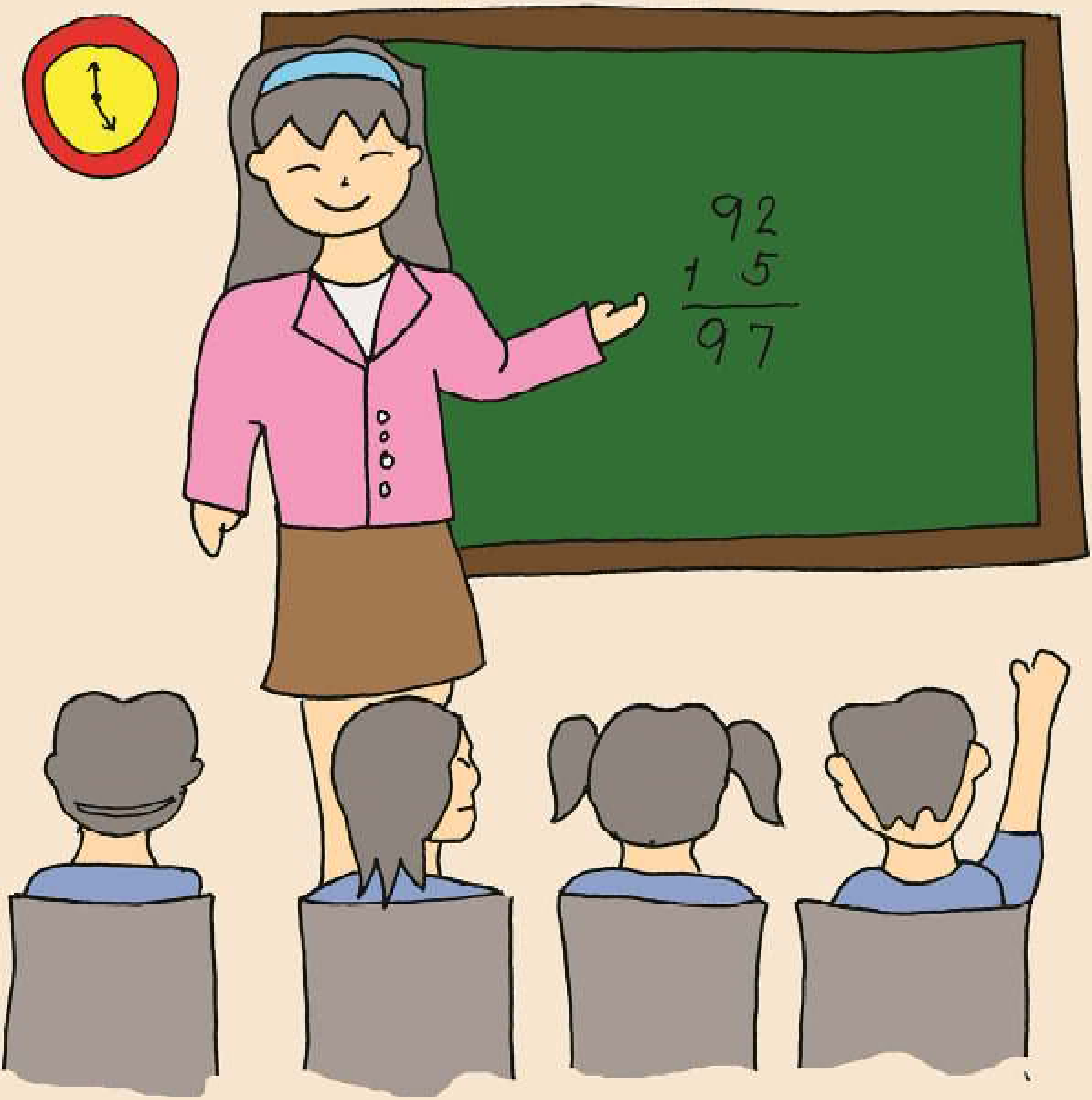
Dahil sa maganda ang rekord ng kanilang mga anak, madali silang nakahanap ng trabaho. Ang panganay na si Rosa ay isa nang guro sa Mababang Paaralan ng Busilac.



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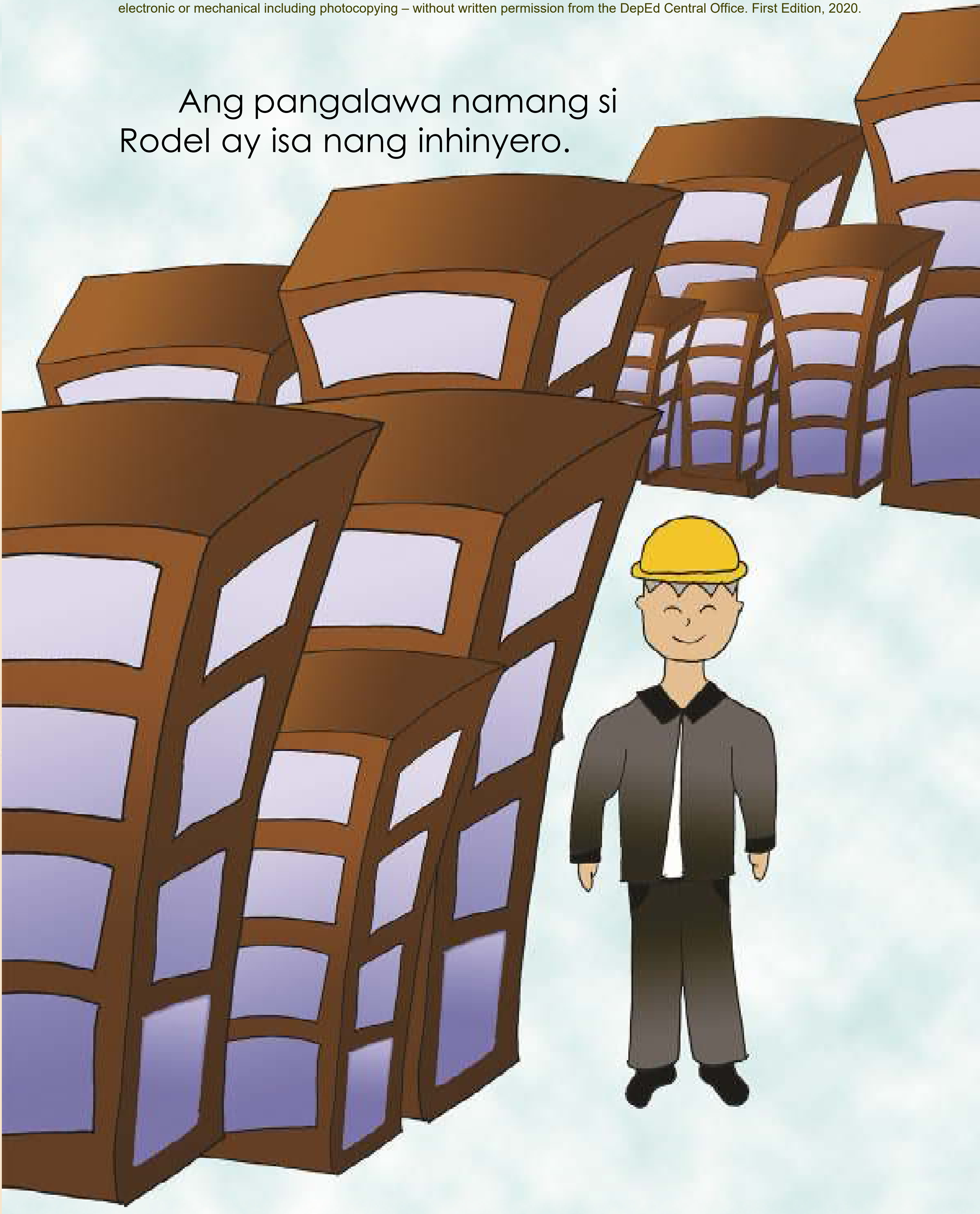
Ang pangalawa namang si Rodel ay isa nang inhinyero.



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At ang bunsong si Romeo ay isang nars.

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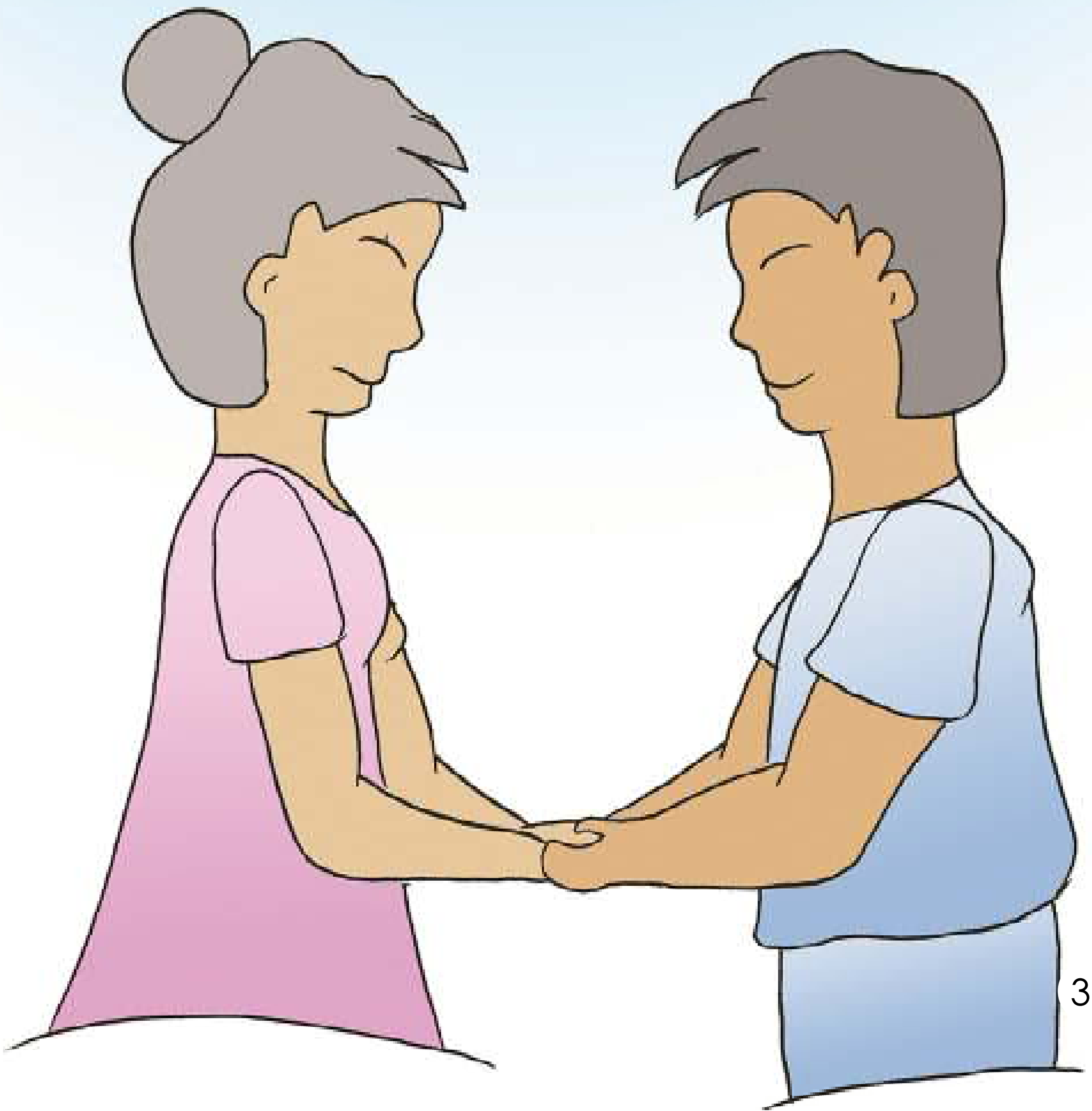
“Kung may hirap, may ginhawa,” sambit ni Mang Roger at Aling Esmen. “Maraming salamat po, Diyos ko sa tulong Mo at ginhawang ipinagkaloob Mo sa amin,” sambit ng mag-asawa.



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Masayang namuhay ang mag-anak at pinahalagahan ang tagumpay na kanilang nakamit. Ngayong mga propesyonal na sila, handa na rin silang maging mga produktibong Pilipino."

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Mga Gintong-Aral

1. Pagbubuklod ng pamilya - mahalin at bigyang halaga ang bawat kasapi ng iyong pamilya.
2. Pagkamasipag-magtrabaho kahit hindi inuutusan.
3. Pagkamatulungin - ugaliing tumulong sa mga gawain ng mga magulang at mga kapatid.
4. Pagpupursige sa pag-aaral - bigyang halaga ang pag-aaral upang makamit ang iyong mga pangarap sa buhay.
5. Pagkamatiisin - maging handang harapin ang mga pagsubok na dumarating sa buhay.

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Ang May Akda

Si Girly Casita Naval Villanueva ay ipinanganak noong Ika- 20 ng Nobyembre, 1976 sa Alfonso Lista Ifugao. Nagpakasal kay Jerry G. Villanueva at biniyayaan ng dalawang anak. Sina Juliene Gail N. Villanueva at Jericho N. Villanueva. Nakatapos ng kursong Bachelor in Elementary Education Major in General Science sa University of La Salette sa taong 2003.

Kasalukuyang nagtuturo sa Mababang Paaralan ng Cabulay Schools Division of Santiago City Rehiyon 02.